



Khwendo Kor gets KP government service contract funded by World Bank on GBV prevention and response

KK were delighted to hear recently that following a highly competitive process, they had been awarded a two year consultancy grant from KP government under the World Bank funded road construction project. KK will provide training and sensitisation on gender-based violence (GBV), sexual exploitation and harassment to a range of government officers and to transport contractors transporting girls to & from schools. KK will also provide response services to GBV survivors during the project period.

The project covers 23 districts and is part of the KP Rural Accessibility Project (KPRAP) designed to improve safe and climate-resilient rural accessibility to schools, health facilities and markets in selected districts of KP—<https://projects.worldbank.org/en/projects-operations/project-detail/P177069>

Watch this space!

In the meanwhile, KK's other work continues including their climate work where they will soon be commencing 'participatory rural needs appraisals' with women's and men's organisations in a number of villages. We'll be reporting on what they find out about the impact of climate changes, including that of extreme heat on women and their communities.

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It's clear from Maryam Bibi's attendance at a regional meeting in Bangkok (see report below) that gathering women's voices is needed more than ever!



Maryam Bibi recently attended a UN Women Regional Multi-stakeholder Dialogue on Gender Equality and Climate Action in Asia Pacific.

The meeting was held in Bangkok on 17th and 18th October. Maryam was the only woman from KP. The meeting identified a serious lack of data gathering and work in general on gender and climate change, thus hampering fund allocations and understanding. In this area as in so many others, there is a lack of women at decision-making tables. We need women's voices! KK's current work on the impact of extreme heat on women is crucial!

Nuzhat Amin visits the UK at last!

Readers will remember that Nuzhat Amin, one of the KK staff due to visit the UK in April, did not get her visa in time. Well, she finally made it in September in the sunshine for a short trip! We were delighted to welcome her to York where she met FROK Trustees and supporters and also members of Yorkits, the group of women who make feminine hygiene kits and who gave KK the initial grant to get their own kit making underway. They had much to compare notes on!

We were also pleased to hear about KK's work in schools where they help adolescent girls learn about menstrual hygiene management.



ABOVE: Nuzhat met with Isobel from the Yorkits group

BELOW: Female trainees making feminine hygiene kits at a KK skills centre



Nuzhat is a Senior Program Manager and looks after KK's schools and skills centres.

Grateful thanks to the Clark Trust Family Fund for donating £1,500 specifically to KK's climate work

Nuzhat sent these words following her visit:

"Though the visit was short, the memories I made and the fruitful discussions will stay with me forever. It felt like a dream come true to finally meet all of you in person....."

And of course, I can't forget how the weather was kind to us throughout the trip—just as Naeema [FROK Trustee] said, "I stopped the rain!"

Daimeen Gul, KK's Deputy Director of Programmes also goes travelling.....

In September, Daimeen attended the 8th IUCN* Asia Regional Conservation Forum held in Bangkok. The theme was "Re-imagining Conservation in Asia: A Nature Positive Future,

Key takeaways were the importance of strengthening community-based conservation work, youth engagement and partnerships as well as collaborations. Daimeen gained new knowledge and insights and was also able to share KK's experience in community-based interventions.

Daimeen told us: '.....**the Forum was an invaluable platform to learn from diverse stakeholders and share Khwendo Kor's experience**

*International Union for Conservation of Nature

Reporting from the front line



Above, KK staff demonstrating some of the craft work to possible buyers.

Right: providing training on sexual exploitations and abuse



In each Newsletter we report on only a part of KK's work and hope it demonstrates the range of what they do. All focus on making lives better for women and girls and their communities.

..... and the importance of immunisations



A young recipient of a wonderful cooked meal!

The day of Dasterkhwan recently provided a different opportunity at Deen Dunya school. A four-member team from the Expanded Immunizations Programme (EPI) of the Health Department, along with the General Secretary of the Rural Community Foundation Shahalam, were visiting that day. KK facilitated them in raising awareness about immunisation. Its importance, together with the importance of girls education, will also be conveyed from door-to-door in the community.

The EPI team also assured support for Khwendo Kor in organising both blood donation camps and general medical camps. Additionally, the representative of the Rural Community Foundation pledged to collaborate with Khwendo Kor and Deen Dunya for future humanitarian work.

The value of Dasterkhwan for outreach education and community mobilisation is increasingly clear.

Taking the opportunity to discuss substance abuse.....

The Viable Village Women Dasterkhwan Committee recently served cooked food at Chashmai Girls' Primary School in Bannu to students, teachers, and community members.

This provided the opportunity to discuss the harms caused by drugs and to identify people in the area who are struggling with addiction and are unable to afford treatment.

KK also recently signed an MOU with the Re life Rehabilitation Centre in Peshawar. They will provide 'free of cost' residential rehabilitation services to drug addicts identified by KK, some of whom are very young. KK now regularly serves cooked food to drug addicts living on the streets.





Celebrating National Independence Day in August: The stage was decorated with the national colours, students presented tableaux, speeches, and national songs and there was an exhibition showcasing products by female entrepreneurs. With a focus on climate change, plants were planted in the school garden, emphasising their role in enhancing climate resilience.

Want to donate to FROK or get a friend to join and not sure how? Advice from our Treasurer

There are many ways through which you can support KK financially:

- ◆ Set up a membership, standing order, or make a donation by cheque (made payable to FROK please) or bank to bank through our **website** (www.frok.org.uk) or by **writing to me**.
- ◆ Use an **on-line banking transfer** (bank account details on the website or on request) and let me know you're doing this by putting your surname in 'payee reference' or emailing me on the first occasion you go down this route so I can confirm receipt.
- ◆ Fill in a **Gift Aid form** if you're a UK tax payer (If you have already completed one for us in the past, you don't need to do one on every occasion. I'll come back to you if there's a problem).
- ◆ For those with **Charity Aid Foundation (CAF)** accounts you can send me a voucher or set up regular payments.
- ◆ Donate either a one-off or regular amount through **Just Giving** (www.justgiving.com/frok/Donate). If you declare you're a UK tax payer, Just Giving will add gift aid to any donation.
- ◆ Support **FROK** when you make on-line purchases by using the **THEGIVINGMACHINE**.

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