

KK continues to support flood relief victims and more.....



Although the recent floods in KK's working areas have disappeared from our news in the UK, their impact has not gone away. Many lives were lost, and houses and livelihoods destroyed. KK staff have been working tirelessly to provide help on the ground, with support from FROK. Read more on page 2.

The rest of KK's work continues apace. KK recently opened a shop in Peshawar to increase the revenue from selling handicraft goods made by women in



their skills centres and home working. All profits go direct to the women (see right).

KK's new project on Faith in Action is now underway. Promoting inter-faith harmony is at its core, building on KK's successful earlier work in this area.

After a successful pilot year focussed on understanding the impact of extreme heat on women, US-based Climate Resilience for All is funding a two year project to deliver community-based strategies with women at their heart. On her current US trip, Maryam Bibi has been much in demand spreading awareness about KK's work and exploring funding opportunities,

Helping women and girls live and thrive with dignity and self reliance in northwest Pakistan



Thanks to FROK supporters for your generosity in our flood relief appeal. It raised over £2,500 and we also sent £3,000 from our existing funds. It was put to good use straightaway.



Above: KK helps local women sell their craftwork and increase their income

Below: Maryam joins a panel at a conference during New York Climate Week 2025



FROK members report on their recent visit to KK

FROK Trustee, Dilawar Hussein and his wife Maureen, spent 3 days with KK in October while on a family visit. They write:

“Our trip to the flood area of Buner with KK staff was a 3 hour drive through a beautiful mountain area but strewn with boulders from the flood. What we saw when we got to Buner was very disturbing. The storm had only lasted a short time but huge boulders were swept down by the mud, completely destroying many houses (see below).

The owner of the ruined house in the photo told us he had been at Peshawar airport when the tragedy struck. When he got back, his house was in ruins and 24 members of his family were dead.

It was a privilege to take part in the distribution of aid and see FROK support in action.

On the next day, in Charsadda, we met male bus drivers and female chaperones who were being trained to take female students to schools in very remote areas. The young women had not previously felt safe to travel in public transport to schools. This project is funded by the World Bank.

Our visit ended with dinner with the KK management and Board of Directors. We have been visiting KK for many years and this was one of our most memorable. The commitment and hard work of all the staff, including new members, is amazing.”



Above: Dilawar & Maureen delivering hygiene kits to women in a flood devastated village in Buner—see the flooding watermark on the walls



Many thanks to the J A Clark Family Trust and to our members for contributing to our Flood Relief Appeal.

To date, KK has provided support to 2,600 individuals across 320 [mainly women-headed] households. This has included food packs, hygiene kits, winter clothing and bedding kits, access to basic medical care and clean water, cash assistance and help to restore damaged female livelihoods.

FROK NEEDS YOUR HELP!

The Trustees made the decision to send some flood relief money immediately to KK. This means that we now have less in the bank than usual at this time of the year, putting in jeopardy our aim to reach our usual £12,000 annual donation target by next summer.

All fundraising efforts are warmly appreciated!

Many thanks to FROK members who donated more jewellery items for us to take to a York auction house. They've raised a further £400!

DO TALK TO US IF YOU HAVE ANYTHING WE COULD AUCTION!

Reporting from the front line.....



One of KK's strengths is that it works at many levels to achieve its vision as shown here. This ranges from grass-roots work with schools (see right) and villagers; to provide training in skills, women's civil rights and political participation and awareness to harassment and domestic violence (see above and below right) to direct contact with policy makers, government officials and other organisations (see at bottom) to make sure women's voices are heard. From the micro to the macro and back—KK intervenes at all levels!

We're delighted to tell you of a new initiative that combines education with climate change. One of KK's supporters based in the US has enlisted the help of some of her US students there to deliver weekly online English classes to pupils at two of KK's schools. They're going down really well. And now, they've introduced materials on climate change into the lessons!

Students at both ends are enjoying it and their learning is benefiting both communities too. Win Win!



Above: A refugee school girl collects her winter pack

KK recently delivered training as part of the Sarhad Rural Support Programme. It was designed to equip rural women with skills in textile product making in order to increase household income, gain confidence and improve their social and economic standing. Each piece made reflects their dedication, resilience and creativity.



Left: KK were part of the Provincial Conference in Countering Extremism through Community Resilience and Poverty Reduction Programmes Sept 2025





Above: Women from a village in the Mathra area come together for some textile skills training

Want to donate to FROK or get a friend to join and not sure how? Advice from our Treasurer

There are many ways through which you can support KK financially:

- ◆ Complete the online membership form at <https://tinyurl.com/UKFROK>
- ◆ Set up a membership, standing order, or make a donation by cheque (made payable to FROK please) or bank to bank through our **website** (www.frok.org.uk) or by **writing to me**.
- ◆ Use an **on-line banking transfer** (bank account details on the website or on request) and let me know you're doing this by putting your surname in 'payee reference' or emailing me on the first occasion you go down this route so I can confirm receipt.
- ◆ Fill in a **Gift Aid form** if you're a UK tax payer (If you've already completed one for us in the past, you don't need to do one each time. I'll come back to you if there's a problem).
- ◆ For those with **Charity Aid Foundation (CAF)** accounts you can send me a voucher or set up regular payments.
- ◆ Donate either a one-off or regular amount through **Just Giving** (www.justgiving.com/frok/Donate). If you declare you're a UK tax payer, Just Giving will add gift aid to any donation.

GDPR (General Data Protection Regulation) 2018

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***Helping women and girls live and thrive
with dignity and self-reliance in northwest
Pakistan***

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